

FREE SHOWING

# RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

## Help Build a Strong, Resilient Community

A Special Learning Opportunity for All Community Members

**FREE DINNER, FILM & PANEL DISCUSSION**



### Resilience:

#### The Biology of Stress & The Science of Hope

This film demonstrates how parents, caregivers, educators and all community members can build resilience through safe, stable and nurturing relationships.

**Tuesday, April 28**

Watertown High School Auditorium  
825 Endeavour Drive, Watertown

5:00 - 5:45 p.m. Dinner Buffet in the Commons

5:45 - 7:00 p.m. **Resilience: The Biology of Stress & The Science of Hope**

7:00 - 7:30 p.m. Panel Discussion

**FREE  
Childcare!**

### Reserve Your Dinner and Seat

Dinner and Seating are FREE. Space is limited.

Please reserve your dinner and seat (and childcare if needed) at: [resiliencemoviewatertown.eventbrite.com](https://resiliencemoviewatertown.eventbrite.com)



Facilitated by the  
Greater Watertown Community Health Foundation,  
Every Child Thrives is a partnership of 40+ Dodge  
and Jefferson County organizations working together  
to ensure all children thrive in health, learning and life.